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sandstorm

Optimizing Drupal for Core Web Vitals: A Developer's Guide

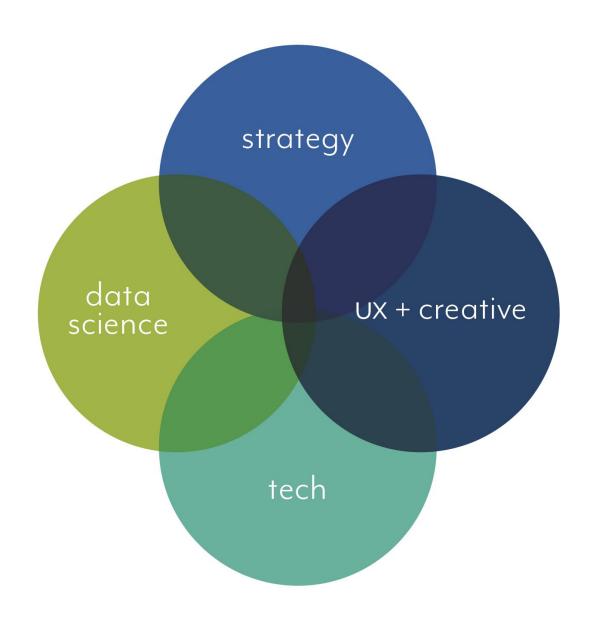
Hello! I'm Madeline



Madeline Jensen
Development Team
Lead

she/her

- Development Team Lead at Sandstorm Design.
 We do good work for good people.
- 10 years of Drupal development experience, background in frontend development.
- Outside of work you will find me playing with my 3 big dogs. (German Shepherd, Bernese, and German Shepherd/Bernie Mix)



More about Sandstorm.

- + **25+ yr old** digital experience design agency
- + 15+ yrs building digital experiences for associations, nonprofits & healthcare organizations
- + **4,600+ hrs** of usability & UX research
- + **CPACC** (Accessibility) certified
- + **DEIB Specialist** (Diversity, Equity, Inclusion, and Belonging)
- + WBENC certified (women-owned)



Agenda

01/ Understanding Core Web Vitals

02/ Common Performance Bottlenecks

03/ Theme-Level Optimizations

04/ Caching Strategies

05/ Measuring, Monitoring & Iterating

06/ Q&A

Understanding Core Web Vitals

FUN FACT

Lighthouse and Page Speed Insights are not the same thing.



When to use **Lighthouse**



- Benchmarking performance before and after an optimization or a deployment.
- Identifying performance issues in your own codebase.
- Experiment safely simulate improvements without affecting production traffic.



When to use PageSpeed Insights



- Identifying issues in your caching strategy.
- Monitoring the impact of 3rd party scripts running on your site.
- Track Core Web Vitals using real-world field data.



Metrics for Core Web Vitals

Tip: Don't get lost in the acronyms, just focus on moving the needle.



- LCP (Largest Contentful Paint)
- **TTFB** (Time to First Byte)
- FCP (First Contentful Paint)
- CLS (Cumulative Layout Shift)
- **TBT** (Total Blocking Time)
- INP (Interaction to Next Paint)
- **FID** (First Input Delay)
- ...probably more!



Common Performance Bottlenecks (found in Drupal sites)

It's not Drupal's fault

Drupal has all the tools and friends it needs to be performant.



Render Blocking Resources

Common Performance Bottleneck

The Problem

- Large, global main.css or main.js files load on every page
- Scripts not being deferred or loaded async
- css/js not minified

Related Metrics

- FCP (First Contentful Paint)
- LCP (Largest Contentful Paint)
- **TBT** (Total Blocking Time)

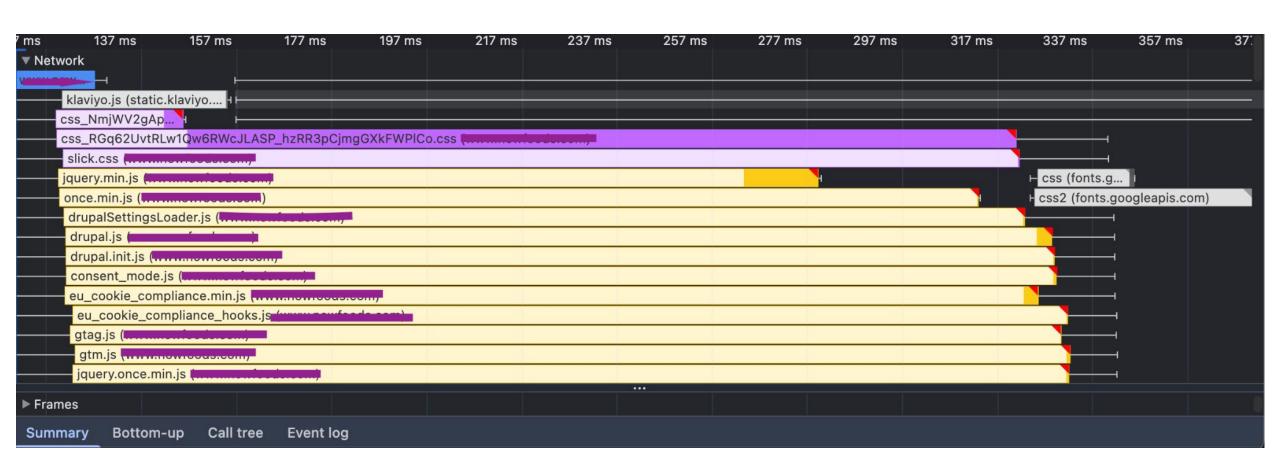
Some Solutions

- Use libraries.yml or SDC to bundle your css/js into components.
- Use attach_library to only load those assets at the template level.
- ABTAO: Always be thinking about order.



Render Blocking Resources

Chrome Dev Tools > Performance panel tells a story





Layout Shifts - Above the Fold

Common Performance Bottleneck

The Problem

- Not prioritizing above the fold to load first. (ie. nav, hero image and styles)
- Relying on third party
 libraries that load before your own code and styles.
- Scripts not being deferred or loaded async

Related Metrics

- FCP (First Contentful Paint)
- LCP (Largest Contentful Paint)
- **TBT** (Total Blocking Time)

Some Solutions

- Group libraries by sections (global, nav, hero, footer, etc)
- preload important requests like fonts.
- defer footer, carousel or other interactive logic.
- ABTAO: Always be thinking about order. (AGAIN)



Too Many Network Requests

Common Performance Bottleneck

The Problem

- Not using a CDN like
 Cloudflare or Imperva
- Low cache age on Drupal content
- Invalidating Drupal cache tags

Related Metrics

- **TBT** (Total Blocking Time)
- FID (First Input Delay)
- FCP (First Contentful Paint)

Some Solutions

- Implement Cloudflare to cache css, js, and html
- Be mindful of blocks and views that break Drupal cache tags.



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Theme Optimizations

TIP:

Only load what you need.

(No need to load all of bootstrap only for a modal, right?)

```
You, seconds ago | 6 authors (Josh Hunter and others)
         Basic elements and structure
     @import 'base/fonts';
     @import 'base/inputs';
     @import 'base/typography';
     @import 'base/styles';
    @import 'base/media';
     @import 'base/now-buttons';
     @import 'config/global-patterns';
        COMPONENTS
     aimport 'components/account';
     @import 'components/accordion';
13
     @import 'components/awards';
     aimport 'components/global-header';
14
     @import 'components/navbar-toggler';
15
     @import 'components/site-branding';
     aimport 'components/search-form';
17
     @import 'components/search-results';
19
     @import 'components/menu';
20
     aimport 'components/menu--header-utility';
     @import 'components/menu--main';
21
     @import 'components/menu--secondary';
     aimport 'components/content-header';
     @import 'components/global-footer';
24
     @import 'components/main-content';
     @import 'components/breadcrumbs';
     @import 'components/mailchimp-signup';
27
     @import 'components/forms';
28
     @import 'components/site-alerts';
29
     @import 'components/layout-builder';
```

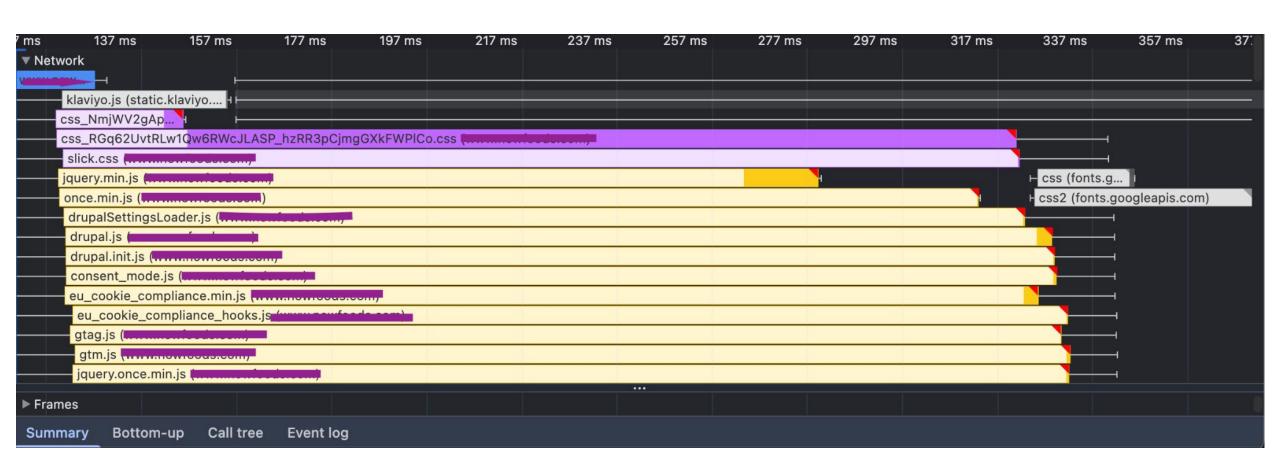
If your main.scss looks like this....

Start chunking it out.

(ABTAO) Always be thinking about order!

Render Blocking Resources

Chrome Dev Tools > Performance panel tells a story





You are going to need a new build strategy.

- Organize your javascript and scss/css into components.
- Ditch the main or global single file entrypoint.
- Ask your compiler (webpack, vite) to look at each file individually.

```
rollupOptions: {
  input: Object.fromEntries(
    glob
      .sync("./src/**/*.{js,scss}", {
        ignore: ["./src/0-styles/utils/*.scss"] // Exc
      })
      .map((file) \Rightarrow [
        path.basename(file),
        path.resolve(file),
  output: {
    entryFileNames: ({ name }) ⇒ {
      if (name.endsWith('.js')) {
        return `js/${name.replace('.js', '')}.min.js`;
      return `js/${name}.min.js`;
```

Use Drupal Libraries to your advantage

Reminder: Drupal has all the tools and friends it needs to be performant.

```
🖹 sd.libraries.yml 🗡
 block--inline-block--recommended-stories-custom.html.twig M X
web > themes > _custom > sd > src > 3-sections > recommended-stories > √ block--i
                                                                     web > themes > _custom > sd > \brace sd.libraries.yml > ...
                                                                       240
          attach_library('sd/recommended-stories') }}
                                                                       249
                                                                             recommended-stories:
        {# BLOCK: Recommended Stories (by Taxonomy Term)
                                                                       250
                                                                                version: 1.0.0
        <div{{ attributes.addClass(classes) }}>
                                                                       251
                                                                                css:
          {{ title prefix }}
  14
                                                                                  theme:
                                                                       252
          {% if label %}
  15
                                                                                    dist/css/recommended-stories.css:
                                                                       253
            <h2{{ title_attributes }}>{{ label }}</h2>
  16
                                                                       254
```



Caching Strategies



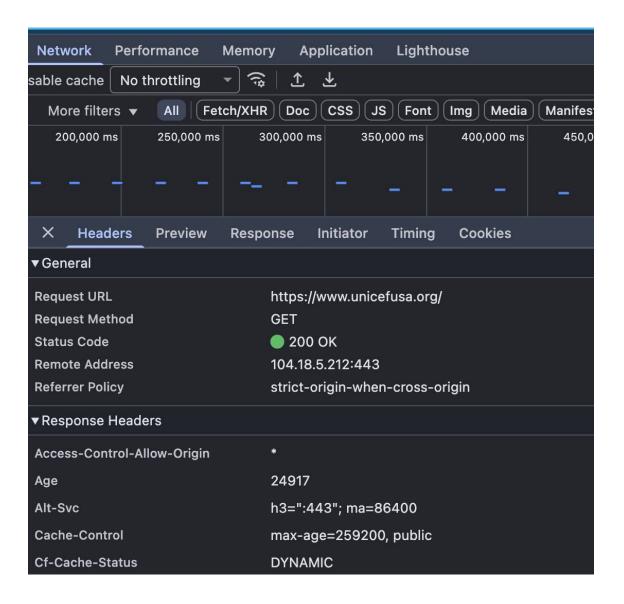
Layered Caching Strategy

- CDN: Delivers cached assets at the edge; lowers latency and load.
- Varnish: Serves cached pages; offloads backend and handles failover.
- **Redis:** Caches data in memory; accelerates Drupal responses.

Test your real cache headers

Chrome Dev Tools

- > Network
- > Headers





Play with Drupal Cache Tags

- Use Devel or PHP to inspect a node's render array.
- Edit the page and check cache tags to see which items trigger invalidation.
- Check if cache max-age is what you expect.

```
array:6 [▼
  "#node" => Drupal\node\Entity\Node {#1409 ▶}
  "#view mode" => "full"
  "#cache" => array:5 [▼
    "tags" => array:2 [▼
      0 => "node view"
      1 => "node:39725"
    "contexts" => array:1 [▶]
    max-age = > -1
    "keys" => array:4 [▶]
    "bin" => "render"
  "#theme" => "node"
  "#weight" => 0
  "#pre_render" => array:1 [▶]
```

TIP:

Find your cache max-age sweet spot for your site.

How far do you think you push the cache life for your assets?

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Measuring, Monitoring & Iterating



FACT(ish):

You likely will not see improvements overnight.

You are going to need a plan.

A Phased Approach

To maintaining a performant Drupal site

Phase 1

- Benchmark your baseline before you start.
- Plan your sprints,
 prioritizing high impact but
 accomplishable changes.
- Implement a performance monitoring tool (or process)

Phase 2

- Implement and track changes
 with each deployment.
- Benchmark before and after deployments. (If doing manually, you can run Lighthouse).
- Keep in mind real user data in
 GPSI is 28 days avg.

Phase 3

- Monitor GPSI scores to tell the real user story over time,
- Find clues for Lighthouse and GPSI differences by using RUM.
- Push the boundaries of your cache age can you cache a
 404 page template for...
 forever?





What should we measure?

- Page Load Time: Overall user-perceived speed (LCP, TTFB, fully loaded).
- Cache Hit Ratio: Percentage of requests served from cache (CDN, Varnish, Redis).
- **Backend Performance:** PHP execution time, database query count, memory usage.
- Cache Invalidation Events: How often content changes trigger cache clears.





What tools do we have to work with?



Google Lighthouse







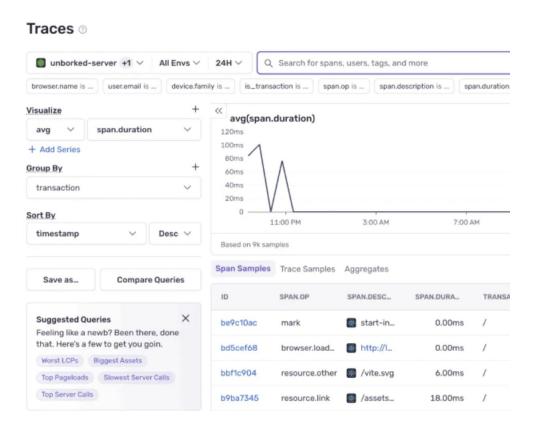




TIP:

If you are seeing a discrepancy between Lighthouse and PageSpeed Insights, Break out the RUM...

R.U.M (Real User Monitoring)



Collect info such as:

- Page load times as experienced by actual visitors.
- Core Web Vitals (LCP, FID, CLS) in real-world conditions.
- Geography & device impact how performance varies by location or device.
- Capture cache headers to look for cache invalidations.

When to use **Lighthouse**



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When to use PageSpeed Insights



- Identifying issues in your caching strategy.
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G Q&A